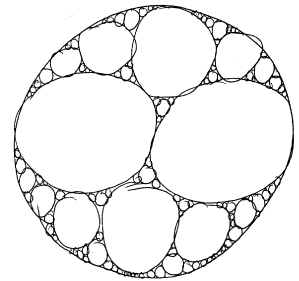


Click on the [Conference Title](#) to go to the on-line registration page
(Or [click here](#) to print out a paper registration)

Powell House Youth Program Winter/Spring 2012

January 20-22: [Snow Balls](#).....4th & 5th

Round is good and fluffy too! Aim is important. So is ducking. What do you aim for? What do you duck from? Lobbing snowballs is a blast. Catching one in the face is not. We'll share those things we shape in our life that make us happy. We'll also look at ways to deal with those things that life tosses at us. And we'll count on having a ball, snow or not. **Fee \$110**



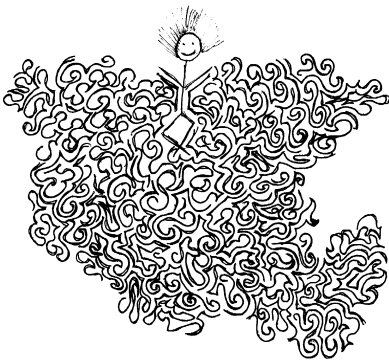
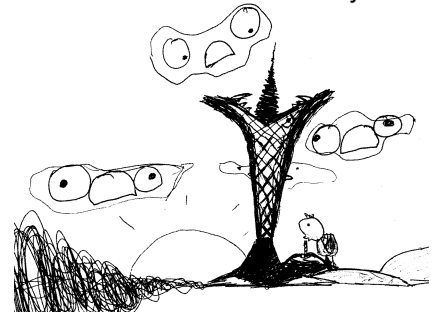
January 27-29: [Burrowing in](#).....6th & 8th

Ever notice how igloos are shaped like bread ovens. What better than spending a chilly January weekend baking bread, cake and other fun foods and making snow houses and pillow palaces. What makes you feel cozy and warm when the world around you is storming? **Fee \$110**

February 3-5: [Dreams](#).....9th - 12th

Vivid, detailed, make-sense-'til-you-wake-up dreams. What do they mean? Is there art in our dreams? Fact? The future? Can you control your dreams? Would you even want to? This is a weekend for sharing our dream experiences, whatever that means to you, in whatever way feels right – through poetry, painting, music, spoken word or silence.

Fee \$110



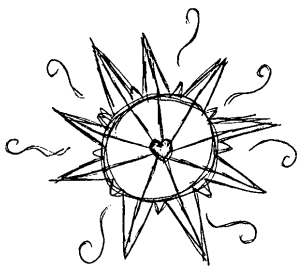
March 9-11: [Inner Space, Outer Space](#).....4th & 5th

Planetoids. Comets. Zero gravity. And other cool stuff. What do you see when you look far out in space? What do you find when you look deep inside? Is the universe expanding or shrinking? What makes us expand? What makes us shrink. We'll try our hand at some galactic play – whoa what would that look like? And we'll journey inside to find the far out worlds there. **Fee: \$110**

March 16-18: [Moving and Grooving](#).....6th to 8th

Get down! Get funky! Let your inner self out. Dancing is powerful. It's a great release of tension and stress. It can bring a group together. Music is powerful stuff too. It connects. Or tears down. It inspires or conspires. You can get people to say anything if you put it to the right beat and they start singing along. We'll explore the power of music and movement. We'll look for ways to use it for good in the world. We'll find the beat. Come up with our own dance moves. Maybe write our own songs. **Fee \$110**





March 23-25: Sex! Love!.....9th – 12th

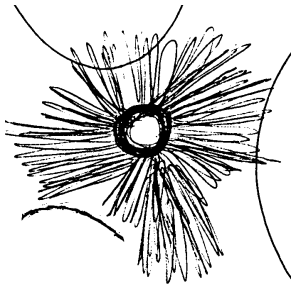
Amazing, alluring, confusing – sex and love are driving forces in our individual lives, societies and even our evolution. Like the ingredients of dynamite, the combined power of sex and love can be used to create or destroy. We'll look at how to handle them and make them a positive part of our lives. We will check out questions you have, cultural taboos and our own boundaries. **Fee \$110**

April 20-22: Awesomely Aware AP and Busting Butt Butler Training

A few lucky adults who serve as butlers and adult presences experience the youth program magic each year. For parents it's a great opportunity to get to know the kids your kids love. For others it's a chance to see kids in the Spirit. Trained butlers and APs make weekends richer for the youth and our job easier. This weekend is your chance to learn the ins and outs of being a positive presence in a loving community. It's our chance to see you in action. We'll help you with small group facilitation, observation skills, does and don'ts and tips on how to keep the cook and a kitchen crew happy and productive. **Fee \$110**

April 27 to 29: Women's Intergenerational: Sharing our Stories.....7th & UP

It's wonderful being women. Sometimes it's hard, often it's breathtaking, always it's who we are ... or not. There are some things unique to us and much that is really just about being human. All of us have stories from our journey so far. It is in sharing our stories that we all grow more deeply connected and deeply grounded. And sometimes sharing our stories and hearing our stories is just what we need to let go and soar. Come fly with us, sit with us, sing with us share with us. We'll enjoy each other and spring in full bloom at Powell House. Kites anyone? **Fee \$110 Youth \$220 Adult**

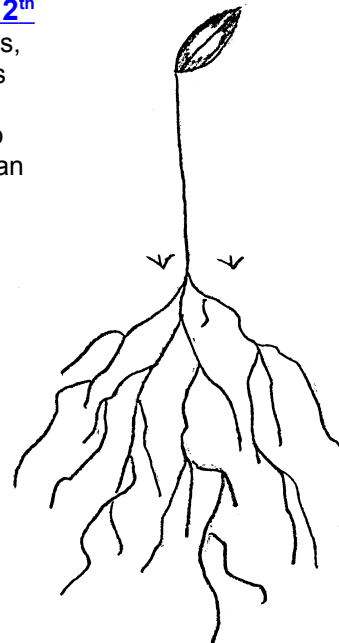


May 11-13: Splash.....4th & 5th

Spring is for puddles. Puddles are for splash. And splash is for fun. To make any good-sized splash you have to let go. Whether it's jumping in both feet first or lobbing a balloon or belting out a song at cabaret you have to take a chance. Sometimes it's worth it, sometimes it's not. We'll share how we decide to go for it and who we count on to help us out. We'll get wet, laugh a lot and cheer each other on or up. **Fee \$110.**

May 25-27: EarthSong XXXVI.....8th-12th

Stars overhead, the smell of newly turned earth, the songs that gather us, the words of our friends. These we carry with us as we move on. Join us for this two-houses-full farewell to our graduating seniors. Celebrate friendships and Spirit in workshops, Ultimate Frisbee games, a dress-up (or down) dinner and the ever exciting Saturday Night Cabaret. This is an ever popular weekend. Priority will be given to those who support the program year round by attending smaller conferences and/or JCing younger groups. **Fee: \$110**



June 8 - 10: To Do or Not To Do 6th-8th

Life is full of choices big and small. Some are risky, some not so much. Should I try out for a sport? How high should I climb in this tree? Should I ask that person to dance? We will talk about our choices and how we make them. How much risk are you ready to accept? When do you say "no" to a good idea? What happens when things turn out bad? We will try some experiences to test ourselves and get insight about our own comfort levels. **Fee \$110**

How to Register for Youth Conferences



Register early. Waitlists are back in the 6th to 8th grade group. We will try to balance the opportunities for everyone to come. For the Song conferences priority will be given to those who support the program throughout the year by attending other, smaller conferences.

If you are registering within two weeks of the conference starting date, please call us and let us know that your registration is in the mail.

First-time attender registrations will not be accepted less than 10 days before the conference.

A \$30 deposit must be enclosed for each conference you wish to attend. Registrations will not be processed until a deposit is received.

Online Registration is now an option. A deposit using a credit card or paypal is required.

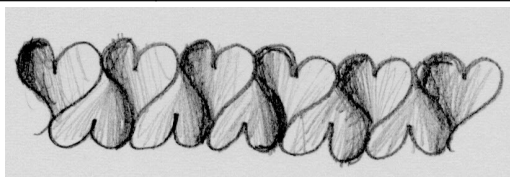
Carpool lists are sent to those who check that line on the registration form. We include both those who can give a ride and those who need one on the list.

Youth Registration Form: Winter and Spring 2012

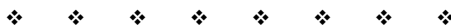
Mail to: THE POWELL HOUSE YOUTH PROGRAM, 524 PITT HALL ROAD, OLD CHATHAM, NY, 12136-3410.

4 th & 5 th Grade	6 th – 8 th Grade	9 th – 12 th
<input type="checkbox"/> Jan 20-22: Snow Balls <input type="checkbox"/> Mar 9 –11: Inner Space... <input type="checkbox"/> May 11 –13: SPLASH!	<input type="checkbox"/> Jan 27-29: Burrowing In <input type="checkbox"/> Mar 16-18: Moving and Grooving <input type="checkbox"/> June 8 – 10: To Do or Not To Do	<input type="checkbox"/> Feb 3-5: Dreams <input type="checkbox"/> Mar 23-23: Sex! Love! <input type="checkbox"/> July TBA: Unwinding

7 th – 12 th Grade
<input type="checkbox"/> April 27-29 Intergenerational Women's Weekend <input type="checkbox"/> May 25-27 EarthSong



Number of Conferences Registering for ____ **Total Deposit Enclosed (\$30 per conference) \$** ____



Name _____ Quaker Meeting _____

Address _____ City _____ State _____ Zip _____

Phone _____ Birth Date _____ Grade _____ Sex _____

Youth E-Mail Address _____

New Mailing Address ____ New Phone ____ Medical Concerns* ____

No Red Meat ____ Vegetarian ____ Vegan ____ Food Allergy* ____

*Please Explain _____

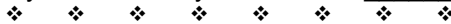
Arriving By:

Train at Hudson Station at 5:17 _____

Train at Albany/Rensselaer at 7:05 _____

Car Driven by Adult ____ Include my name on Carpool List ____

Car Driven by self or other youth attender _____



\$30 First Timer Discount _____ or Requesting \$ _____ per conference in financial assistance
 I am enclosing a \$ _____ donation to help others attend Powell House.

Parent Signature _____ **Printed Name** _____

GOOD STUFF TO KNOW

Powell House is the conference and retreat center of New York Yearly Meeting of the Religious Society of Friends (Quakers). Youth conferences are for those who wish to grow, share, play and care in community. Chris DeRoller and Mike Clark are the Youth Program Directors. You can contact us at 518-794-8811 or chrisanmike@powellhouse.org.

TIMES: Conferences begin with registration at 6:15 p.m. on Friday evening and dinner at 7:15 p.m. Conferences end after lunch at 1:15 p.m. on Sunday unless otherwise noted. Sunday worship is generally from 11:15 – 12:15; please avoid pick-up during this time.

TRAVEL: Make sure we know your travel plans at least 72 hours prior to each conference. **If requested 72 hours in advance**, we will provide transportation on Friday from the Hudson station for the 5:15 p.m. train and from the Albany/Rensselaer station for the 7:05 p.m. train. **We cannot guarantee transportation if notice is given less than 72 hours in advance.** There is a fee of \$10 each way. It's a good idea to call Amtrak for information on reserving tickets and for schedule changes: 1-800-872-7245. A carpool list and map are available upon request.

BRING: We supply linens and towels. Bring casual clothing and outdoor wear. During swim season bring swimsuits and beach towels; during winter, ice skates. Powell House has an MP-3 compatible music system. **Use of individual music playing devices, cell phones, and other electronic devices is not permitted. Cigarettes, illegal drugs and alcohol are not allowed at conferences.**

FOOD: Tasty, nutritious vegetarian and non-vegetarian meals and snacks are provided. **Please do not bring your own snacks and food unless you speak to Mike or Chris first.**

LOST & FOUND: Items are only kept one month, so claim them immediately. There is a \$5.00 + postage charge for mailing lost items. **Labeling items helps get them home.**

AT THE END OF THE CONFERENCE: Those traveling south by train will be brought to the 2:40 p.m. train in Hudson. Those traveling west will be taken to the 12:25 p.m. train in Albany/Rensselaer. A \$10 fee will be charged. **Request for transportation to the train stations must be made 72 hours in advance of the start of the conference.** Those leaving by car should be picked up by 1:30 p.m.

SCHOLARSHIPS & DISCOUNTS: Scholarship money is available from the Mark Seiler Memorial Fund and other generous donors for those who need it. Pay what you can. Indicate the amount of aid you need for each conference on your registration form. There is a \$30 discount for first timers. Don't forget that your local Meeting may also be a source of assistance.

REGISTRATION: Register early! Space is limited. Please register at least three weeks before the first conference you would like to attend. Fill out the registration form and send it with a \$30 per person per conference deposit to: THE POWELL HOUSE YOUTH PROGRAM, 524 PITT HALL ROAD, OLD CHATHAM, NY, 12136.

CONFIRMATIONS & CANCELLATIONS: Confirmations are mailed approximately two weeks before each conference. If you must cancel, call us immediately, as we often have a waiting list. If you cancel by 5 p.m. Friday, one week before a conference, your deposit will be credited to another conference, or returned. You will be notified if you are on the waiting list.

IF YOU HAVE A CONTAGIOUS ILLNESS, PLEASE STAY HOME. Germs travel quickly here. We will either return or forward your deposit to the next conference. Just let us know as soon as possible. We'll look forward to seeing you next time.

CONTRIBUTIONS: Guest fees only cover 50% of our operating budget. The balance is raised through donations. We encourage and appreciate any contribution you can make to help. All contributions are tax-deductible. Also, check out our website at [<www.powellhouse.org>](http://www.powellhouse.org).